

April 2015

Mr. Paulsen  
President  
Operation Horses and Heroes  
740 Cheyenne Lane  
Elgin, IL 60123

Mr. Paulsen and Board of Directors,

This letter is in regards to Operation Horses and Heroes Equine Therapy. I was honored to be a participant in this program. The board members and other participants were very friendly and supportive. Throughout the many teambuilding exercises that we did, I learned how the horses responded to the same stressors as humans do without the emotion. This program has given me insight on how to overcome certain situations and the realization that I'm not alone in dealing with any problems that I have in my life. This was a great experience for me and I believe that anyone, veteran or not, could benefit from this program. I would highly recommend this program to anyone that is dealing with any kind of problems in their life.

Very Respectfully,  
SGT Desch, Jami L.  
United States Army