

April 4, 2016

Mr. Jerry Paulsen
Founder & Executive Director
Operation Horses and Heroes
740 Cheyenne Lane
Elgin, Illinois 60123

To whom it may concern,

I am honored to write this letter of recommendation for Operation Horses and Heroes as well as having the opportunity to work alongside them as they help heal the veterans and active duty military personnel who struggle with PTSD and other challenges. Executive Director Jerry Paulsen and Vice President Susan Parker eagerly welcomed me to their programs as an intern so I could learn more about Equestrian Assisted Psychotherapy (EAP).

Throughout the four day program the other board members were very nice and each of them had something different to bring to the table in the way of expertise. All of which directly correlated to the health and healing of the veterans and active duty in the program. These unique talents are what make them and this organization such a strong cohesive group of people!!

Although diverse in their talents the one major common thread of the board that resonated constantly throughout the program is that they are all veterans themselves. What better way to help those that have also served and are serving. I witnessed camaraderie like no other – a family!!

The positive changes in all the veterans and active duty was profound and all learned from each other and became a very close group by the conclusion of the program. The program truly changed lives for everyone! I would highly recommend this program to anyone who has served or is serving that is facing any type of challenge as a way to begin or continue the healing process by working closely with this group of extremely dedicated people who do this all from their hearts.

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