OHH very literally saved my life. I went from a very, very dark place to realizing that I did have a future and I did have hope; I went from contemplating the business end of a 9mil to, a year later, a job I love, enrollment in a second degree program, and a sense of connection I'd lost. I don't think I can say it any more clearly. Highly recommended. Do it.

Clara Martin Lieutenant, US Army (medically retired)