April 27, 2015

Mr. Jerry Paulsen President Operation Horses and Heroes 740 Cheyenne Lane Elgin, IL 60123

Dear Jerry,

I was honored and humbled to be invited to participate in the most recent EAP program for our veterans in early March, 2015, through Operation Horses and Heroes.

The two day experience was based on activities of team building and problem solving, with the "support" of the horses.

Whether any of us were comfortable or not around horses when we began the program, we all were fortified by our increased confidence and trust – of the horses, each other and ourselves.

Our initial caution evolved to creative approaches, aka "thinking outside the box" of expectations and personal processes as we worked together toward solutions to the challenges we were presented with. The horses seemed to be the intermediaries between our uncertainty and belief in ourselves.

A shared discovery as a result: Life is better with a horse!

Jennifer Piazza